

LIVING IN HUDSON VALLEY

Recommendations from former Residents



Visit our facility's website at:
<http://www.hudsonvalley.va.gov/>

The historic Hudson Valley, nestled between New York City and the capital city of Albany, is easily accessible by car, train, bus, and air. The area offers a variety of activities, including outdoor sports such as skiing, hiking, boating, and golfing. There is fabulous shopping and dining, as well as an abundance of historic landmarks, cultural events, and natural scenic beauty.

Local Airports:

Westchester County Airport (HPN) located in White Plains, NY

40 minutes from Montrose Campus; 1 hour from Castle Point Campus

Stewart International Airport (SWF) located in New Windsor, NY

45 minutes from Montrose Campus; 25 minutes from Castle Point Campus

JFK, Newark (EWR), and LaGuardia (LGA) Airports

90 minutes from Montrose Campus; 120 minutes from Castle Point Campus

Shopping:

Poughkeepsie Galleria

45 minutes from Montrose Campus; 10 minutes from Castle Point Campus

Woodbury Commons Premium Outlets

30 minutes from Montrose Campus; 30 minutes from Castle Point Campus

Route 9 in Poughkeepsie/Fishkill, NY (shopping, restaurants, mini golf, water park, go-kart racing)

45 minutes from Montrose Campus; 10 minutes from Castle Point Campus

Palisades Mall (shopping, restaurants, ice rink, bowling alley, comedy club, indoor ropes course and more)

40 minutes from Montrose Campus; 60 minutes from Castle Point Campus

Entertainment:

Bethel Woods Center for the Arts (concerts and events)

90 minutes from Montrose Campus; 60 minutes from Castle Point Campus

Dutchess County Fairgrounds (Local food, drink, and arts festivals throughout year)

75 minutes from Montrose Campus; 50 minutes from Castle Point

New Paltz Arts/Historic District

45 minutes from Montrose Campus; 30 minutes from Castle Point Campus

Beacon Arts/Historic District

45 minutes from Montrose Campus; 15 minutes from Castle Point Campus

The Culinary Institute of America (restaurants, cooking classes)

60 minutes from Montrose Campus; 30 minutes from Castle Point Campus

New York City (restaurants, entertainment, sight-seeing)

60 minutes via Metro North Railroad from Montrose Campus; 100 minutes via Metro North Railroad from Castle Point Campus

Night Life:

Many restaurants along the Hudson River (with spectacular views) in both Newburgh and Poughkeepsie, NY

50 minutes from Montrose Campus; 15 minutes from Castle Point Campus

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Outdoor Activities



Breakneck Ridge Loop

This loop hike steeply climbs Breakneck Ridge, with many spectacular views over the Hudson River.

<http://nynjtc.org/hike/breakneck-ridge-trail>



Catskill Region

The Catskill region includes Catskill Park, which is nationally unique because it is a checkerboard of public and private land. Hiking opportunities abound, with approximately 300 miles of marked, maintained hiking trails on public Forest Preserve land.

<http://www.visitthecatskills.com>



Hunter Mountain

Hunter Mountain and the surrounding community offer a great variety of winter activities including skiing, snowboarding, and snowtubing! NY Zipline Tours also operates the longest and highest zipline tour in North America at Hunter Mountain!

<http://www.huntermtn.com/>



Minnewaska State Park Preserve

Located in Ulster County, NY Minnewaska State Park Preserve is situated on the dramatic Shawangunk Mountain ridge, which rises more than 2,000 feet above sea level and is surrounded by rugged, rocky terrain.

<http://nysparks.com/parks/127>



Mohonk Preserve

Enjoy nature's beauty in the majestic Shawangunk Mountains. Visit for a day – be inspired for a lifetime. The preserve is your perfect destination for recreation, reflection, and restoration.

<http://www.mohonkpreserve.org/>



Croton Gorge Park/New Croton Dam

The New Croton Dam, part of the New York City water supply system, stretches across the Croton River near Croton-on-Hudson, New York, about 22 miles north of New York City.

<http://parks.westchestergov.com/croton-gorge-park>